

Health Career Display – Judge Feedback

Cal-HOSA SLC 2026

■ What Judges Noticed

- Presentation for the event was fantastic
- Teams were knowledgeable and taught judges new information
- Competitors dressed professionally with great attitudes
- High energy and excitement to participate

■ Tips for Success

- Rehearse multiple times before presenting
- Speak clearly and at a controlled pace
- Maintain eye contact, even when using notes
- Be comfortable explaining your health career topic

✓ Before You Compete – Checklist

- I can explain my health career clearly
- I practiced speaking at a steady pace
- I maintain eye contact with judges
- I am confident without relying on notes
- I present professionally (attire & attitude)
- I am enthusiastic about my topic

■ Areas to Improve

- Slow down when speaking (avoid rushing due to nerves)
- Reduce reliance on notes
- Improve eye contact with judges
- Strengthen confidence when presenting

■ What Made Top Competitors Stand Out

- Enthusiasm for the topic ("put the icing on the cake")
- Comfort and confidence discussing the health career
- Strong knowledge and ability to teach others
- Professional appearance and positive attitude

Confidence + enthusiasm + preparation = standout presentations.