

Sports Medicine – Judge Feedback

Cal-HOSA SLC 2026

■ What Judges Noticed

- Knowledgeable on the steps
- Communicated clearly
- Presented themselves professionally

■ Tips for Success

- Take a deep breath and relax
- Slow down during performance
- Stay focused and composed
- Be fully prepared for all steps

✓ Before You Compete – Checklist

- I follow all steps, including identifying the patient
- I stay calm and composed
- I perform at a controlled pace
- I communicate clearly
- I present professionally
- I am confident in my skills

■ Areas to Improve

- Biggest missed step: identifying the patient
- Improve attention to detail
- Avoid rushing through procedures

■ What Made Top Competitors Stand Out

- Confidence throughout performance
- Carried themselves like professionals
- Strong preparation and readiness
- Clear, controlled communication

Confidence + preparation + attention to detail = success.