

Cal-HOSA Annual Board Meeting
Marriot Residence Inn, Sacramento, CA

Meeting called to order @ 1000

Minutes prepared by Simon Moore, proxy

1. Roll Call: Dr. Gus Loera, Odette Boyd, Chad Burry, Tracey Bidwell, Dee Niedringhaus, Ignacio Hernandez, Tony Peña, Jackie Valadez, Simon Moore, Sue Keppler conferenced in via mobile phone. Ex-Officio Non-Board Attendees: Cindy Beck, Diane Bartosch, Dee Niedringhaus, Amanda Gao, Carla Cherry.
2. Agenda preview – Dr. Loera
3. Motion to accept agenda, Burry, 2nd Beck, UNAN.
4. Secretary Report – no report. Minutes were emailed.
5. Minutes not presented or approved.
6. State Officer Report – Amanda Gao
 - a. Meeting weekly
 - b. Overview of goals
 - i. Establish quarterly newsletter to increase interest in what’s happening, health awareness, recap of events
 - ii. Nat’l Service Project - Nat’l Pediatric Cancer Foundation (<https://nationalpcf.org/hosa/>). Log over 900 hours, keep up with fundraiser amt from last year \$10,000.
 - iii. Increase informative content on YouTube to bring back leadership activities from WLA
 - iv. RLC communication plan. Streamline RLC process to increase RLCs consistency statewide.
 - v. Increase the number of scholarship applicants. Focus on quantity of scholarships, as well as applicants. Will use last year’s winners for media and promotion. Will use social media for promotion
 - vi. Work on collegiate membership. College state officer William is spearheading the goal. Will work to start more chapters on college campuses.
 - vii. Highlight materials for mental health. Resources are listed on website.
 - c. Social media will remain focus of communication statewide.
 - d. WLA is approaching.

- e. Discussion over service hours for Nat'l Service Project (NSP). 100 hrs or \$100 to be eligible for NSP recognition. Funds raised must be directed directly to the NSP partner, in order to count for "funds raised."
7. Headquarters Report (specific details of report available from Carla Cherry) – Carla Cherry
- a. Affiliation
 - i. 185 chapters with 8,268 members from the previous year
 - ii. Growth of 21.75% from 2016-17. Prior year 7.78% (2015-16).
 - iii. 8 chapters in arrears of \$7,045. Chapters are not responding to Carla's invoices and attempts to collect.
 - iv. Discussion about fair & equitable process / SOP to assist with managing chapters in arrears.
 - v. Simon will create a draft SOP for managing chapters in arrears. SOP will be presented to Cindy with enough time for review and Board adoption, in time to present to advisors at RLC, and remaining chapters that don't attend RLC.
 - b. RLC
 - i. 2017 1,095 combined attendees at all 5 RLCs.
 - c. SLC 2018
 - i. 140 chapters, 3,849 attendees
 - d. Advisor training
 - i. Nov 2017 – 33 advisors attended Ontario, CA training. Another training held in Anaheim in December 2017 brought 16 advisors.
 - ii. Upcoming advisor trainings: South in Sept, North in Oct. Both trainings are booked full.
 - e. ILC
 - i. ILC was a success. California boasts the new HOSA Int'l President, Vivian Do.
 - f. Budget items
 - i. Round one, round two chapter stipends were distributed.
 - g. Important dates to remember discussed (attachment)
 - h. SLC 2019 estimated to be 4,000 (1,051 or 27% increase).
8. Board Chair Report – Dr. Loera
- a. Strategic Plan for Cal-HOSA & Mental Health (see attached "A student's guide to a health care career starts here" sheets). This plan serves the purpose of making HOSA more valid and relative to prevention & early intervention in schools across the state.
 - b. "Prevention and Early Intervention Mental Health Model" (attachment)
 - c. "2019 Cal-HOSA's Speak up for Youth: Youth Advocating for Youth's Mental Health Day" (attachment)

- d. Dr. Loera also presented “Addressing the Hidden Mental Health Epidemic and Creating a New Path Toward Wellness in Schools” (attachment), a comprehensive documentation of how Cal-HOSA is being proactive about addressing the mental health epidemic in the state and beyond.
 - e. Jackie Valadez with Southwest High School, Tony Peña with Washington Union High School, and Ignacio Hernandez with Los Altos High School shared their schools’ work on the mental health project. Tracey Bidwell presented her efforts working with the county to develop mental health & youth projects.
 - f. Cindy presented the background of how the project was funded. Schools submitted applications statewide. Ten were selected – 1st come, 1st served. There are additional funds available in the future.
 - g. March 27, 2019 (day before SLC) “Youth Speak Up for Youth Day” (attachment). California has \$1.6 billion that they can’t figure out how to spend. County partnerships are critical. Counties have funding for MH programs – including school partnerships. Chapters are encouraged to attend. There is funding available.
9. Lunch recess 1156 - 1227
10. State Report – Cindy Beck
- a. Website is a painful work in progress, but will be worth the wait.
 - b. It’s time for the Cal-HOSA audit.
 - c. Discussion over ensuring sustainability of Cal-HOSA, post-Carla, in the event she moves on. Establishment of an SOP for her position should be considered.
11. Treasurer Report (attached, available for review) – Simon & Carla
- a. 2017-18 Revenue \$806,531.00
 - b. 2017-18 Expenses \$607,816.662
 - c. Net revenue \$198,714.38
 - d. 2018-19 Projected net of \$170,491
 - e. 51 attendees (plus Cindy & Carla) will attend WLA.
 - f. SLC Budget
 - i. Revenue \$437,190.67
 - ii. Expenses \$331,158.24
 - iii. Net revenue \$106,032.43
 - iv. MOTION: “To accept 2017-18 SLC budget, as presented,” Sue, 2nd Tracey. Jackie Valadez amended motion to increase to \$20,000 for speaker for SLC. Tracey concurred, motion amended, Opposed by Odette, motion passes. Cindy Beck abstained.
 - v. MOTION: “Hire Carla and Cal-HOSA pays her salary of up to \$50,000 from Jan through Aug 2019,” Sue, Chad, UNAN.

- vi. MOTION: "To accept 2018-19 SLC Projected Budget, including addition of the motions from 8/23/2018 minutes," Sue, 2nd Jackie, UNAN. Cindy Beck abstained.
 - g. Outstanding item. In consideration of Carla's succession, an individual must be retained, to learn Carla's job, who may replace her at a later time in the future.
12. Unfinished Business – None
13. New Business – Board of Directors Bylaw review
- a. Role of the Board (attachment)
 - b. Board members advised to sign Roles & Responsibilities document.
 - c. Board of Directors positions 2019-20
 - i. Regions 2, 5 are up for reelection
 - d. Bylaws were discussed, since the new chair position is 2 years. Concern over adherence to Bylaws was reviewed.
14. MOTION: "Accept the \$525,000 revenue from CDE," Odette, 2nd Ignacio, UNAN. Cindy Beck abstained.
15. MOTION: "Adjourn mtg @1505," Chad, Tracey.

Notes:

1. A process to manage chapters in arrears should be created.
 - a. Letter to chapter advisor advising
 - i. arrears status
 - ii. restriction on affiliation, SLC attendance, late fees will accrue
 - b. Letter to advisor, principal school district superintendent
 - i. arrears status
 - ii. restriction on affiliation, SLC attendance, late fees will accrue
 - iii. if students show up for SLC, any students that place and would otherwise advance to ILC, will be ineligible, due to arrears status
2. _____
3. _____
4. _____
- 5.