

## Important Advisor Announcement



### Cal-HOSA Advisors

Cal-HOSA is hosting a **Speak Up for Youth: Youth Advocating for Youth's Mental Health Day, Wednesday, March 27, 2019 at the Sacramento Convention Center**. This one-day conference will be held prior to the start of the Cal-HOSA State Leadership Conference.

The purpose of this youth advocacy for mental health day is to provide Cal-HOSA youth an opportunity to engage in conversations about increasing awareness and solutions to youths' struggles with mental health problems. Overarching topics will be the negative impacts that stigma, trauma, poverty, bullying, discrimination, and other social determinants (risk factors) have on the mental health of youth. Substance use and suicide prevention will also be discussed. Another purpose is to examine and discuss the role that schools play in developing school-defined strategies and solutions that focus on strength models and resilience from within a person and community (protective factors) to overcome risk factors and mental health problems.

The Speak up for Youth conference is a limited attendance conference. Each chapter will be **limited to 10 student applicants plus the advisor(s)**. All attendees must complete an attendance application and be accepted as a participant based on review of the application submitted.

Chapters will receive **reimbursement** for participation based on a formula of state rates for registration, one way travel, shared lodging, and allowable per diem. The maximum reimbursement per person is \$250.00. **Travel will be reimbursed at the least expensive mode of travel, air or auto. All reimbursements will be at a state rate.**

Please review the **maximum** rate allowances per person:

Lodging	\$75.00 (one night shared lodging)
Per Diem	\$25.00
Registration	\$50.00
Travel	\$100.00 for airline/train travel <b>OR</b> .545 cents per mile

Please do not submit student names unless they are confirmed as approved. Due to the limited attendance capacity, it is important that all names submitted have a firm commitment to attend. Reimbursements will be paid **after** the submission of all receipts that validate expenses.

All students must be accompanied by an advisor or district designated chaperone as required by individual school district.

As the chapter advisor for \_\_\_\_\_, I acknowledge that I have read and agree to the above reimbursement rates and to submit only student names that have made a firm commitment to attend the **Speak Up for Youth: Youth Advocating for Youth's Mental Health Day, March 27, 2019**.

**Advisor Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

Please submit all applications from your chapter in one file with this signature form as the first page. Individual applications **will not** be accepted.